



2017 INDOOR KICKBALL RULES

BASIC INFORMATION

1. Safety Base at Home Plate must be used at all times. If you do not use the safety plate at home plate, you will be called OUT even if there is no play at home plate. The safety of the players is our main concern so the umpires will be enforcing this rule in full effect. Please remind your teammates before and during every game! Thank you for your commitment to keeping our leagues safe!

2. Safety Base at First Base must be used whenever the ball is kicked into the infield or if there is a play at first base or the runner will be called OUT. If the ball is kicked into the outfield then the runner may use first base to round the bag to second base. In this case, the first baseman must move off the bag to allow the runner to round first otherwise it will be called obstruction and the runner will automatically be called safe at second.

Umpire Fees and Forfeit policy:

Each team is responsible for paying the umpire on the field prior to each game. The fee is listed on the league schedule. If a team forfeits, that team is responsible for both umpire fees for all forfeited games.

9 SIMPLE RULES!

1. **HAVE FUN! PLAY NICE OR GO HOME.**
2. **PLAYERS:** 10 fielders per team (10-15 players on the roster)
3. **SUBSTITUTIONS:** Free substitutions in the field. Everyone kicks.
4. **FIELD:** Played on a regulation softball field with some additional restrictions. Cleats and alcohol will not be allowed on the field or in the dome.
5. **EQUIPMENT:** Played with a regulation 10" big yellow playground ball.
6. **INNINGS:** A regulation game is 7 innings or 50 minutes, which ever comes first.
7. **SCORING:** A tie game after 7 innings will be declared a tie unless, time permitting, both captains and the umpire agree to continue play. 5 run limit per inning. Only 2 homeruns allowed per team each game. After 2 homeruns, they will be automatic doubles.
8. **COED RULES:** 10 fielders (8 min), 6 men (6 max), 4 women (4 min) you man also play with 5 men and 3 women.
9. **PLAY:** This game is based on softball with some added rules.

A. Fielders

1. A team must have 4 outfielders, 1 pitcher, 1 catcher, and 4 infielders when you're playing with 10 players. A team must have 3 outfielders, 1 pitcher, 1 catcher, and 3 infielders when you're playing with 8 players.
2. Outfielders must be at least 10 feet beyond the infield (there will be an outfield cone) until kicker makes contact with the ball.
3. Infielders (including pitcher) must be behind the 1st to 3rd diagonal line.
4. The umpire may call time before the pitch is thrown if the other field has live play in their outfield. This way we can prevent the ball going into the other field of play while their ball is in play. This will also help prevent players from both fields possibly running into each other.

B. Pitching

1. Strike Zone is the plate plus 1 foot on either side and 1 foot high. The height of the ball is measured from the bottom of the ball at the highest point of the last bounce.
2. Ball must be thrown underhand and may not be spun.



3. 4 Balls is a walk, 3 strikes is an out (foul on the 3rd strike is an out)
4. You must have either a male pitcher with a female catcher, a female pitcher with a male catcher or a female pitcher with a female catcher.

C. Kicking

1. Kick count starts at 1 ball and 1 strike.
2. All kicks must be made by foot.
3. All kicks must occur at or behind home plate. Your plant foot cannot cross the plate and a kick in front of home plate will result in a foul.
4. Bunting is allowed, but bunted ball must cross the "bunt" line or kick will count as a strike. There will be a bunt line for guys (from 1st to 3rd) and a bunt line for girls (half circle around home)
5. The Ball must reach the plate before it is kicked or a strike is called, in the event the ball is kicked and caught in the air it will be recorded as an out.
6. Fair balls must cross the bunt line in fair territory before it is touched. If the ball is more than halfway across the line it is fair.
7. A ball touched before the bunt line is foul.
8. When the ball is kicked, if it hits the wall or ceiling before it is touched or hits the ground, it will be a foul ball as well as a dead ball. These balls cannot be caught for an out.
9. The batting order must alternate a maximum of 2 males in a row i.e. 2 males, 1 female or 1 female 2 males.
 - a. Teams may bat up to fifteen players.
 - b. The number of extra hitters must be declared before the start of the game.
 - c. Once the game has started, extra hitters are not allowed to be added to the lineup except as a substitute for the same sex.

D. Runners

1. Runners must run to the safety bases at 1st and home. An out will be awarded if the runner does not tag the safety base at home.
2. Slide at your own risk (not recommended on the artificial turf)
3. Force plays are same as softball.
4. Runners may tag up as in softball.
5. Runners may be thrown out by hitting them directly with the ball. Hair does not count and will not be an out.
6. Balls may not be thrown at runners above the shoulders. If a player is hit above the shoulders they are automatically safe.
7. No leading off or stealing.
8. It is always a force at home (even with no runners on 1st and 2nd).
9. If a runner is hit by the ball, the play remains live.
10. If a runner intentionally runs into a fielder, or is out of control when running and runs into a fielder, they will be called OUT. This is completely up to the discretion of the umpire and may not be argued.
11. There will be a commit line with a cone halfway between 3rd and home. Runners passing the commit line MUST advance. After crossing the commit line, the only way the runner can be out is by a force play at home. If a player runs past the commit line, turns back and crosses it again (back towards 3rd) they will automatically be out. This will be a timing play at home just like it is at first base.
12. Pinch Runner Rule: You are allowed to use a pinch runner only if the batter makes it to first. If the batter gets to first safely, then the pinch runner used will be the LAST guy or girl who was out. You may not use a pinch runner from home to first base.