



Lesson Options

Effective October 6, 2022

Sports Performance Training

Personal Training

1 Session	12 Sessions 18 Sessions		24 Sessions 36 Sessions	
\$ 85.00	\$ 900.00	\$ 1,305.00	\$ 1,680.00	\$ 2,070.00

Partner Training

1 Session	6 Sessions 12 Sessions		18 Sessions
\$ 55.00	\$ 285.00	\$ 510.00	\$ 720.00

Small Group Training

1 Session	6 Sessions 12 Sessions		18 Sessions 24 Sessions	
\$ 65.00	\$ 330.00	\$ 600.00	\$ 765.00	\$ 900.00

Fees for 24+ lesson packages may be paid in a maximum of 3 installments. A \$10 service fee will be applied to each payment.

Lesson fees for Partner and Small Group Lessons are per athlete.



A 3.5% credit card processing fee or \$1 ACH fee is added to all registration fees/payments.



